

Renee Engeln-Maddox, Ph.D.

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CURRENT POSITION**Lecturer, Department of Psychology**

Northwestern University (July 2006 – present)

PREVIOUS POSITION**Instructor, Department of Psychology**

Loyola University Chicago (August 2004-June 2006)

TEACHING AWARDS AND HONORS

- Northwestern University Undergraduate Psychology Association “Award for Excellence in Teaching” (2007)
- Northwestern University Associated Student Government “Faculty Honor Roll” (2007)
- Northwestern Panhellenic Community “Recognition for Teaching Excellent” (2007)
- Course Enhancement Grant, Northwestern University (Fall, 2006)
- Winner of the Edwin T. and Vivijeanne F. Sujack Award for Teaching Excellence (2006, Loyola University College of Arts & Sciences)
- Winner of Loyola University National Residence Hall Honorary Outstanding Teaching award (April 2006)
- Winner of Loyola’s Psychology Department James E. Johnson Graduate Student Award for Excellence in Teaching (2004)
- Loyola University College of Arts and Sciences Teaching Fellowship (2003-2004 academic year)
- Finalist for Psychology Department Graduate Student Teaching Award, Loyola University (2003)

EDUCATION**Ph.D. in Applied Social Psychology** (April 2004)**Graduate Concentration in Women’s Studies**

Loyola University Chicago

M.A. in Clinical Psychology (August 1999)

Miami University, Oxford, Ohio

B.S. in Psychology (May 1997)

University of Illinois at Urbana-Champaign

Bronze Tablet Honors (Top 2%)

TEACHING EXPERIENCE

- **Research Methods** (2 quarters, Northwestern University)
- **Psychopathology** (1 quarter, Northwestern University)
- **Psychology of Gender** (1 quarter, Northwestern University; 12 semesters, Loyola University -- cross-listed with Women’s Studies)
- **Advanced Seminar in Social, Clinical, or Personality Psychology** (1 quarter, Northwestern University)
- **Lab in Psychological Tests and Measures** (4 semesters, Loyola University)

- **Independent Study, Capstone Research Experience** (2 quarters, Northwestern University, 7 semesters, Loyola University)
- **General Psychology/Introduction to Psychology** (1 quarter, Northwestern University, 6 semesters, Loyola University Chicago; 1 semester, College of Lake County; 2 semesters, Miami University)
- **Personality Theory** (2 semesters, North Central College; 1 semester, Loyola University)
- **Internship in Applied Psychology** (1 semester, Loyola University)
- **Psychology of Adjustment** (1 semester, North Central College, Naperville, IL)
Taught this course as part of NCC's "Premiere Program" designed to increase retention of minority students
- **Health Psychology** (1 semester, Loyola University)
- **Psychology of Women** (1 semester, Miami University)
- **Community Health Workshops Instructor** (1/1995-5/1997, University of Illinois, McKinley Health Center)

PUBLICATIONS

Engeln-Maddox, R. (2006). Buying the beauty standard or dreaming of a new life? Expectations associated with media ideals. *Psychology of Women Quarterly*, 30, 258-266.

Engeln-Maddox, R. (in press). An alternate universe: Women, body image, and the paradox of thinness on Survivor. In G. Yeffeth (Ed.), *The Psychology of Survivor*. Dallas, TX: Benbella Books.

Engeln-Maddox, R. (2005). Cognitive responses to idealized media images of women: The relationship of social comparison and critical processing to body image disturbance in college women. *Journal of Social and Clinical Psychology*, 24, 1036-1060.

Engeln-Maddox, R., & Leitner, L.M. (2001). Science and Biological Psychiatry [Review of the book *Pseudoscience and Biological Psychiatry: Blaming the Body*]. *Journal of Constructivist Psychology*, 14, 57-81.

PRESENTATIONS

Engeln-Maddox, R. (2007, May). *Failure to predict opposite sex reactions to images of female beauty*. Paper presented at the annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.

Engeln-Maddox, R., & Dykema-Engblade, A. (2007, May). *Department participant pools' quid pro quo: What do students get for being "guinea pigs"?* Poster presented at the annual meeting of the Midwestern Psychological Association, Council of Teachers of Undergraduate Psychology Creative Classroom Session, Chicago, IL.

Engeln-Maddox, R. (2007, May). *Who you are on the inside counts: Preliminary evidence for a novel method of attenuating the effects of exposure to the media ideal of female beauty*. Paper presented at the annual Meeting of the Association for Psychological Science, Washington, D.C.

- Miller, S.A., Hoffman, A. L., & Engeln-Maddox, R. (2007, May). *Identifying classes of unmotivated participants from instructional manipulation checks and satisficing indices*. Poster presented at the annual Meeting of the Association for Psychological Science, Washington, D.C.
- Dykema-Engblade, A., & Engeln-Maddox, R. (2007, May). *Sexist language in the workplace: Evidence that use of gendered pronouns influences the evaluation of job applicants*. Poster presented at the annual Meeting of the Association for Psychological Science, Washington, D.C.
- Engeln-Maddox, R. (2006, May). *Social comparisons and idealized media images: Faces vs. bodies*. Poster presented at the annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Miller, S. A., & Engeln-Maddox, R. (2006, May). *A factor-analytic examination of satisficing: Stability across measurements?* Poster presented at the annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Bauer, E., & Engeln-Maddox, R. (2006, May). *Impact of candidate morality on voting behavior*. Poster presented at the annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Engeln-Maddox, R., & Miller, S.A. (2006, May). *Development of a scale measuring women's tendency to critique female beauty ideals*. Poster presented at the annual Meeting of the Association for Psychological Science, New York, New York.
- Miller, S.A., & Engeln-Maddox, R. (2006, May). *Increasing statistical power through decreasing sample size: The promise of instructional manipulation checks*. Poster presented at the annual Meeting of the Association for Psychological Science, New York, New York
- Engeln-Maddox, R. (2005, May). *"If I only looked like a supermodel.": Evidence that the Expectation of Positive Life Outcomes from Looking like the Media Ideal Predicts Body Dissatisfaction in College Women*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Engeln-Maddox, R. (2005, May). *"That test was so unfair!" Psychology students do quantitative item analysis on data from their own exams to explore the psychometric properties of achievement tests*. Poster presented at the annual meeting of the Midwestern Psychological Association, Council of Teachers of Undergraduate Psychology Creative Classroom Session, Chicago, IL.
- Miller, S.A. & Engeln-Maddox, R. (2005, May). *Personality predicts preferences for professors: Individuals use their own characteristics in evaluations of ideals*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Engeln-Maddox, R. (2005, January). *Introductory psychology students justify their beliefs about whether psychology is a science: The answers might surprise you*. Poster presented at the annual National Institute on the Teaching of Psychology, St. Petersburg Beach, FL.
- Engeln-Maddox, R. (2004, May). *Critical viewing of media images of female beauty: Evidence that countering may not be a protective factor*. Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

- Engeln-Maddox, R. (2004, May). *The psychology of gender in song lyrics: Challenging musical messages of misogyny*. Poster presented at the Teaching Institute of the annual meeting of the American Psychological Society, Chicago, IL.
- Engeln-Maddox, R. (2004, April). *Using popular song lyrics to explore the everyday impact of gender stereotypes: "Baby Got Back" to "Can't Hold Us Down"*. Poster presented at the annual meeting of the Midwestern Psychological Association, Council of Teachers of Undergraduate Psychology Creative Classroom Session, Chicago, IL.
- Engeln-Maddox, R. (2004, April). *The spontaneous generation of counterarguments and social comparisons in response to idealized images of female beauty in fashion magazines*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Engeln-Maddox, R. (2004, February). *Talking back to advertisers: Can counterarguing protect women from the effects of idealized media images of female beauty?* Paper presented at the annual meeting of the Association for Women in Psychology, Philadelphia, PA.
- Engeln-Maddox, R., & Leitner, L.M. (2002, May). *An exploration of how college students' meaning-making systems are altered under the influence of alcohol*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Neumann, S., Birchmeier, Z., Engeln-Maddox, R., Panepinto, A., & Shaikh, A. (2002, May). *Everything you've ever wanted to know about graduate school from the people who know best: Graduate students*. Panel discussion at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

MANUSCRIPTS UNDER REVIEW

- Engeln-Maddox, R., & Miller, S.A. (under revision). Talking back to the media ideal: The development and validation of the Critical Processing of Beauty Images Scale. *Psychology of Women Quarterly*.
- Engeln-Maddox, R. Above and below the neck: Social comparisons in response to idealized media images of women featuring faces and bodies. *Body Image*.

MANUSCRIPTS IN PREPARATION

- Engeln-Maddox, R. Underestimating each other: Women's and men's failure to accurately predict each other's reactions to media images.
- Engeln-Maddox, R., & Miller, S.A. The influence of personality characteristics on descriptions of prototypical and ideal professors: Variations across disciplines.
- Miller, S.A., & Engeln-Maddox, R. Increasing statistical power through decreasing sample size: The promise of instructional manipulation checks.
- Dykema-Engblade, A., & Engeln-Maddox, R. Sexist language in the workplace: Evidence that use of gendered pronouns influences the evaluation of job applicants.

RESEARCH INTERESTS

- Social comparison theory
- Media literacy
- Body image and cognitive processing of media images
- Gender differences and similarities
- Objectification theory
- Methodological issues surrounding the use of Psychology 101 participant pools
- Evaluation of the effectiveness of teaching techniques

RESEARCH SKILLS/TRAINING

- Statistical Analysis: Training in SPSS, univariate and multivariate statistics, structural equation modeling
- Qualitative methods: Experienced in focus group and semi-structured interview-based research, content analysis

RESEARCH EXPERIENCE

Study Director/Research Consultant (5/2001-10/2002 full time, currently project-based consulting only)

Calder LaTour, Inc. – Marketing Research and Strategy Firm, Evanston, Illinois

- Responsible for study design, survey development, data analysis and interpretation, report writing, and client presentations for both quantitative and qualitative marketing research studies.
- Duties include moderating focus groups, conducting in-depth interviews with consumers and professionals.
- Types of studies include: new product development, product re-design, image tracking, pricing (conjoint analysis), studies of market share, evaluations of advertising, experimental studies of outcomes of direct mail campaigns.
- Strategy consulting has focused on assisting health care organizations with branding strategy, positioning, and differentiation.
- Supervisor to telephone interviewing staff of 3-10 employees (depending on project size).

Program Evaluator for “Women In Science Enabling Research” Scholarship Program (Spring 2001)

- Evaluated the implementation and effectiveness of the WISER program within the Gannon Center for Women in Leadership at Loyola University. Evaluation consisted of survey design, quantitative and qualitative data collection, coding, analysis, and preparation of a written report with detailed recommendations for program improvement.

Ad Hoc Reviewer, *Journal of Personality and Social Psychology, Interpersonal Relations and Group Processes* (2003-present)

- Reviewed manuscripts submitted to JPSP on topics related to social comparison.

Ad Hoc Reviewer, *Journal of Social and Clinical Psychology* (2004-present)

- Reviewed manuscripts submitted to JSCP on topics related to body image, social comparison, and media images.

DOCTORAL DISSERTATION

Social comparison and counterarguing in response to idealized media images of women: The paradox of feeling bound by a beauty standard one rejects

- This dissertation explored undergraduate women's cognitive processing of print advertisements featuring highly attractive female models. Results indicated that the tendency to make social comparisons with models was significantly associated with higher levels of body dissatisfaction and greater internalization of the media ideal. No evidence was found to support the frequent contention that counterarguing in response to these images is a protective factor with the potential to block the social comparison process. Both qualitative and quantitative analyses are presented.

MASTER'S THESIS

An exploration of understanding under the influence

- This thesis used a quasi-experimental design to explore changes in meaning-making that occurred when undergraduate college students were intoxicated. Results were analyzed by gender within the context of Personal Construct Psychology. Several significant gender differences were found and discussed.

SERVICE

- Lecturer Search Committee member (Northwestern University, 2007)
- Writer of "Swift Thinking" undergraduate newsletter for Department of Psychology (Northwestern University, Fall 2006)
- Chairperson, Psychology Department Participant Pool Committee, Loyola University (2005-6; member 2004-5)
- Lead a group of eight undergraduate research assistants in the creation and sale of t-shirts to promote positive images of women, all proceeds donated to WINGS, a shelter for victims of domestic violence. Four-hundred twenty shirts sold, approximately \$2000 donated to shelter (2005).
- Presented a seminar to Loyola University Teaching Fellows program on the impact of gender in the classroom (2005).
- Psychology Department Coordinator for annual "Loyola Gives" adopt-a-family event (2004).
- Faculty Sponsor for "Advocate" – Loyola's GLBTQ student organization (2005-2006).
- "Blackboard" software consultant for Loyola faculty and graduate students in psychology department (2004-2006).
- Teaching mentor for new graduate student instructors, Loyola University (2005-2006).

OTHER HONORS

- Northwestern University Research Grants Committee, *Extending Objectification Theory into New Territories: The Impact of Gender and Sexual Orientation*, \$5000 (2007)
- Loyola University College of Arts and Sciences Conference Travel Award (2004)
- Loyola University Chicago Tuition Scholarship Recipient (2000-2003)
- Loyola University Chicago Graduate Scholars Program in Women's Studies (2000-2001)
- Bronze Tablet Honors, University of Illinois (Top 2% of graduating class)
- General Assembly Scholarship (Full tuition scholarship to the University of Illinois)

CLINICAL EXPERIENCE

Crisis Intervention Counselor, Violence Prevention Specialist (9/99-6/99 full-time, 7/99-7/01 part-time)

The Bridge Youth and Family Services, Palatine, Illinois

- Responsibilities included maintaining a caseload of 6-10 family crisis clients and 2-4 individual therapy clients and providing crisis intervention services to hospitals, schools, and police stations
- Prevention work included designing, implementing, and evaluating a number of violence prevention initiatives in elementary schools and with high school youth groups.

Psychotherapist (8/98-5/99)

Miami University Psychology Clinic, Oxford, Ohio

- Responsibilities included providing individual psychotherapy for both undergraduate students and members of the Oxford community.

OTHER CLINICAL TRAINING

- 4 Hours in School-Based Crisis Management
- 3 Hours in Working with Sexually Abused Adolescents
- 3 Hours in Working with ADHD Behaviors
- 2 Hours in School Violence Prevention Programs
- 16 Hours in Solution Focused Interventions in School Settings

AFFILIATIONS

- Member of the Association for Psychological Science
- Member of the Midwestern Psychological Association
- Member of the American Women's Studies Association
- Society for the Psychology of Women (APA Division 35)